



Banana Custard

Gluten free, nutrient-dense creamy banana custard.

With milk as the main ingredient, custard is a good source of protein and contains calcium, which is good for bone health.



Ingredients

Milk, Sugar, Thickener (1442), Hydrolyzed Collagen, Milk Solids, Vegetable Fat (Sunflower Oil, Glucose Syrup Solids, Milk Solids, Emulsifier (472c), Antioxidants (304, 306 Soy, 322 Soy), Gelatine, Vegetable Gum (415, 407), Flavour, Natural Colours (160a, 161b). CONAINTS MILK & MILK PRODUCTS, SOY.

Nutritional Details

	Regular Size 120g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:		474kJ (114Cal)
Protein:		6.7g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:		2.6g
--Saturated:		1.3g
Carbohydrates:		15.3g
--Sugars:		12.5g
Sodium:		66mg
Potassium:		171mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. Dinners carrying the Heart Friendly Tick have undergone laboratory testing and results for Saturated Fat, Trans Fat, Sodium, Energy, Protein and Fibre or Vegetable content are guaranteed to comply with the criteria. Clients and Health Professionals should use all other calculations as a guide only when recommending or choosing suitable dinners.