Banana Oat Muffin - NEW

Banana muffin with an oat topping.

Ingredients

Water, **Wheat** Flour, Sugar, Canola Oil, Whole **Egg**, Cake Concentrate (**Wheat** Flour, Mineral Salt/Raising Agent (450,500), Thickener (1422), Salt, Natural Flavour, Mineral Salt (327), Emulsifier (481)), Banana Slices (7%), **Wheat Gluten**, Rolled **Oats**, Banana Puree, Vitamin C.
CONTAINS EGGS, OATS, WHEAT, GLUTEN. MAY CONTAIN MILK, SOY SULPHITES, ALMOND, BRAZIL NUT, CASHEW, HAZELNUT, MACADAMIA, PEANUT, PECAN, PINE NUT, PISTACHIO, WALNUT.

Nutritional Details

	Regular Size 100g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:		1344kJ (322Cal)
Protein:		8.1g
Fat, Total:		15.9g
--Saturated:		1.6g
Carbohydrates:		36.6g
--Sugars:		17.5g
Sodium:		432mg

Disclaimer:
Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.