



Banana Raspberry Parfait

Tempting layers of banana and raspberry, topped with custard and a raspberry swirl. This dessert is packed full of antioxidants, thanks to the fresh banana and mixed berries in its ingredients.



Ingredients

Custard (Cream (**Milk**), Custard Powder (**Milk**), Water), Banana Berry Puree (31%) (Bananas, Mixed Berry, Water, Gelatine), Gluten Free Sponge (**Eggs**, Sugar, Potato Flour, Gluten Free Self Raising Flour, Xanthium Gum).

CONTAINS EGG, MILK.

Nutritional Details

Regular Size 160g Per Serve		
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:		518kJ (124Cal)
Protein:		4.7g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:		5.3g
--Saturated:		3.2g
Carbohydrates:		14.1g
--Sugars:		6.2g
Dietary Fibre:		1g
Sodium:		52mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.