Beef Diane - Minced &Moist - NEW

Level 5 Minced &Moist moulded meal of beef in rich Diane sauce, served with peas, potato and cauliflower.

GF HE

Ingredients

Moulded Beef (29%) (Beef (91%), Modified Starch (1422), Water), Diane Sauce (23%) (Water, Cream (**Milk**), Bchamel Sauce (Water, **Milk** Powder, Butter (**Milk**), Cream (**Milk**), Tapioca Starch, Modified Corn Starch (1420), Salt, Vegetable Gum (415)), Gravy Mix (**Soy**, Natural Colour (Caramel I)), Garlic, Worcestershire Sauce (Colour (150d)), Tomato Paste (Acidity Regulator (330)), Stock Blend (**Soy**, Flavour Enhancer (635)), Modified Starch (1422), Sugar, Tapioca Starch, Salt, Canola Oil, **Soy** Powder (Acidity Regulator (270)), Vegetable Protein Extract (**Soy**, Maltodextrin (Corn)), Vegetable Gum (415)), Potato Mash (18%) (Potato (66%) (Preservative (220)), Water, Skim **Milk** Powder (**Milk** Solids), Tapioca Starch, Low Sodium Salt (Potassium Chloride), Salt, Pepper), Moulded Cauliflower (15%) (Cauliflower (94%), Water, Modified Starch (1422), Salt, Vegetable Gum (415)), Moulded Pea (15%) (Peas (66%), Water, Bchamel Sauce (Water, **Milk** Powder, Butter (**Milk**), Cream (**Milk**), Tapioca Starch, Modified Corn Starch (1420), Salt, Vegetable Gum (415)), Modified Starch (1422), Vegetable Stock Blend (Flavour Enhancer (635)), Salt, Thickener (406), Vegetable Gum (412)).
CONTAINS MILK, SOY.

Nutritional Details

	Regular Size 340g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:	1391kj (333Cal)	409kJ (98Cal)
Protein:	35.4g	10.4g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:	9.2g	2.7g
--Saturated:	4.8g	1.4g
Carbohydrates:	24.5g	7.2g
--Sugars:	7.1g	2.1g
Dietary Fibre:	3.7g	1.1g
Sodium:	802mg	236mg
Potassium:	813mg	239mg

Disclaimer:
Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.