Blueberry Pancakes - NEW

Breakfast Option - Fluffy pancakes with a blueberry compote and vanilla cream.

Ingredients

Pancakes (57%) (**Milk**, **Soy**) (Water, **Wheat** Flour, Sugar, Buttermilk Powder (7%), Raising Agents (450, 500, 575), Canola Oil, Whole **Egg** Powder, Emulsifiers (322, 471), Preservative (282), Salt, Vanilla Flavour), Blueberry Compote (28%) (Blueberries (50%), Water, Sugar, Thickener (1442), Acidity Regulator (330), Preservative (202), Natural Flavour), Vanilla Cream (14%) (Cream (92%) (**Milk**), Sugar, Modified Starch (1422), Water, Natural Vanilla Extract (Glucose Syrup (Corn), Water, Alcohol, Vanilla Bean Extract), Vegetable Gum (412)).
CONTAINS GLUTEN, WHEAT, EGG, MILK, SOY.

Nutritional Details

	Regular Size 140g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:	1175kj (282Cal)	839kJ (201Cal)
Protein:	5.5g	3.9g
Fat, Total:	9.9g	7.1g
--Saturated:	5.6g	4g
Carbohydrates:	40.6g	29g
--Sugars:	18.6g	13.3g
Dietary Fibre:	2.2g	1.6g
Sodium:	343mg	245mg
Potassium:	200mg	143mg

Disclaimer:
Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.