



Bread & Butter Pudding with Custard

Enjoy traditional moist pudding with creamy custard and sultanas.

Custard is a great source of calcium. Not only is calcium essential for healthy bone growth but calcium enables our blood to clot, our muscles to contract, and our heart to beat.



Ingredients

Pudding: **Milk**, **Egg**, Bread [Flour (**Wheat**), Water, Yeast, Salt, Vegetable Oil, Flour (**Soy**), Emulsifiers (481, 471), Anticaking Agent (170), Vitamins (Thiamin, Folate)], Cream (**Milk**), Sugar, Sultanas, Butter (**Milk**), Apricot Glaze (Glucose Syrup, Sugar, Vegetable Gum (440), Acidity Regulator (330), Preservative (220) Mineral Salt (509), Flavour, Colour (160a)), Mixed Spice, Vanilla Essence (Colour 150c). Custard: Water, **Milk** Solids, Sugar, Cream (**Milk**), Dextrose Monohydrate, Maltodextrin, Tapioca Starch, Flavour, Xanthan Gum (415), Carrageenan (407), Colour (160a).

CONTAINS WHEAT, GLUTEN, MILK, EGG, SOY. MAY CONTAIN TRACES OF SESAME

Nutritional Details

Regular Size 150g Per Serve		
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:		726kJ (174Cal)
Protein:		5.4g
Fat, Total:		6.5g
--Saturated:		3.6g
Carbohydrates:		22.7g
--Sugars:		16.6g
Sodium:		102mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.