



## Butter Chicken

Delicious and mild butter chicken is served with an aromatic vegetable korma and fluffy white rice.

Our Butter Chicken is low in fat and calories which is a bonus for such a creamy curry. Filled with flavour, this Diabetes approved meal is a great meal choice.



## Ingredients

Butter Chicken (38%) [Chicken (20%), Sauce (13%) (Tomatoes, Ginger, Garlic, Chilli Powder, Garam Masala, Coriander Powder, Spices), Light Evaporated **Milk**, Onions, Water, Tapioca, Skim **Milk**, Salt], Korma [Potatoes, Pumpkin, Carrots, Peas, Sauce (**Cashews**, Ginger, Garlic, Spices, Onion, Tomato, Chilli Powder, Garam Masala, Coriander Powder), Onions, Skim **Milk**, Beans, Cauliflower, Light Evaporated **Milk**, Water, Capsicum, Sweet Potatoes, Celery, Tapioca, Oil, Salt, Pepper], Rice, Cumin.

**CONTAINS MILK, CASHEW. MAY CONTAIN PEANUT, ALMOND, BRAZIL NUT, HAZELNUT, MACADAMIA, PECAN, PINE NUT, PISTACHIO, WALNUT. WE ADVISE CAUTION WHEN CONSUMING AS MAY CONTAIN BONES/ BONE FRAGMENTS.**

## Nutritional Details

Nutritional Details	Regular Size 390g Per Serve	
	Average Quantity per Serving	Average Quantity per 100g
Energy:	1689kJ (405Cal)	433kJ (104Cal)
Protein:	25.3g	6.5g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:	10.5g	2.7g
--Saturated:	3.1g	0.8g
Carbohydrates:	49.5g	12.7g
--Sugars:	9g	2.3g
Dietary Fibre:	5.1g	1.3g
Sodium:	526mg	135mg
Potassium:	998mg	256mg
Phosphorus:	307mg (31% RDI)	79mg

## Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.