



## Cheese & Bacon Pasta

Full of flavour, enjoy our penne pasta with cheese and bacon as a side dish or light meal. Pasta is a wonderful source of complex carbohydrates, releasing energy at a slow and sustained level, necessary for our brain and muscles to function.



### Ingredients

Penne (71%) (Durum **Wheat**, Water), Parmesan Cheese (**Milk**) (7%), Bacon (5%), Milk Powder, Cheddar Cheese (**Milk**) (4%), Plain Flour (**Wheat**), Margarine, Mozzarella Cheese (**Milk**) (4%), Salt, Pepper.  
**CONTAINS GLUTEN, WHEAT, MILK. MAY CONTAIN CRUSTACEA, PEANUT, ALMOND, BRAZIL NUT, CASHEW, HAZELNUT, MACADAMIA, PECAN, PINE NUT, PISTACHIO, WALNUT. WE ADVISE CAUTION WHEN CONSUMING AS MAY CONTAIN BONES/BONE FRAGMENTS. \*\*CAUTION: CARE MUST BE TAKEN WHEN PEELING BACK LID AS HOT STEAM MAY ESCAPE\*\***

### Nutritional Details

	Regular Size 220g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:	2750kj (659Cal)	1250kJ (300Cal)
Protein:	28.4g	12.9g
Fat, Total:	19.4g	8.8g
--Saturated:	11g	5g
Carbohydrates:	91.3g	41.5g
--Sugars:	6.8g	3.1g
Dietary Fibre:	3.1g	1.4g
Sodium:	1280mg	582mg
Potassium:	136mg	62mg
Phosphorus:	253mg (25% RDI)	115mg

#### Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.