



## Chicken With Morel Mushroom Sauce

Sliced tender chicken, delicately flavoured with Morel mushroom sauce, served with potato bake, carrots, peas and sweet potato. Morel mushrooms carry the highest amount of vitamin D among the edible mushrooms. Morels are unique and recognized for their rich mineral content.



### Ingredients

Chicken (25%), Potato Bake (25%) (Potatoes, Water, Skim **Milk**, Gluten Free Flour, Mozzarella Cheese (**Milk**), Tapioca, Salt, Pepper), Carrots, Mushroom Sauce (15%) (Water, Vegetable Fats, **Wheat** Flour, Cream Powder (**Milk**), Maltodextrin, Modified Starch, Salt, Mushrooms (13%) (Morel, Cep, Chantrell), Yeast Extract, Caramel, Onions, Seasoning, Palm Oil, Flavour, Tomatoes, Sugar, Thickener, **Milk** Protein, Emulsifier (471), Stabiliser (Potassium Phosphate, Diphosphate), Glucose Syrup, Lactose (**Milk**), Onion Powder, Acidity Regulator (330), Spices, Smoke Flavour), Peas, Sweet Potato, Parsley.

**CONTAINS GLUTEN, WHEAT, MILK. MAY CONTAIN PEANUT, ALMOND, BRAZIL NUT, CASHEW, HAZELNUT, MACADAMIA, PECAN, PINE NUT, PISTACHIO, WALNUT. WE ADVISE CAUTION WHEN CONSUMING AS MAY CONTAIN BONES/ BONE FRAGMENTS.**

### Nutritional Details

Nutritional Details	Regular Size 400g Per Serve	
	Average Quantity per Serving	Average Quantity per 100g
Energy:	1648kJ (395Cal)	412kJ (99Cal)
Protein:	34.8g	8.7g
Fat, Total:	13.6g	3.4g
--Saturated:	4.8g	1.2g
Carbohydrates:	28.8g	7.2g
--Sugars:	10.8g	2.7g
Dietary Fibre:	8g	2g
Sodium:	628mg	157mg
Potassium:	1008mg	252mg
Phosphorus:	378mg (38% RDI)	94mg

### Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.