



Chocolate Fudge Cake with Custard

Smooth, creamy custard compliments this moist chocolate fudge cake.

Cocoa contains high concentrations of antioxidants known as polyphenols. Flavonoids, the most common subclass of polyphenols, are found in higher concentrations in chocolate than in other flavonoid rich substances.



Ingredients

Sponge: Mudcake Mix [Sugar, Flour (**Wheat**), Vegetable Oil, Cocoa Powder, **Egg**, Modified Starch (1422), Colours (Caramel (150d), 155, 122), Raising Agents (500, 541, 341), Salt, Preservative (202), Flavours], Water, Chocolate (Sugar, Vegetable Fat (492 **Soy**), Cocoa Powder, Emulsifiers (476 **Soy**), Flavours), Thickened Cream (Cream (**Milk**), Halal Gelatine, Vegetable Gum (407a), Emulsifier (471)), **Egg**, Canola Oil. Custard: Water, **Milk** Solids, Sugar, Cream (**Milk**), Dextrose Monohydrate, Maltodextrin, Tapioca Starch, Flavour, Xanthan Gum (415), Carrageenan (407), Colour (160a).

CONTAINS: WHEAT, GLUTEN, MILK, EGGS, SOY.

Nutritional Details

Regular Size 160g Per Serve		
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:		1116kJ (268Cal)
Protein:		4g
Fat, Total:		11.6g
--Saturated:		3.3g
Carbohydrates:		35.8g
--Sugars:		25.6g
Dietary Fibre:		1.3g
Sodium:		179mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.