



Chocolate Panna Cotta

Decadently rich and smooth gluten free chocolate panna cotta with a caramel centre, resting on a light chocolate sponge. Panna Cotta is an Italian term which translates to "cooked cream" - "Panna" translates to "cream" and "cotta" translates to "cooked".



Ingredients

Fresh Cream (**Milk**), Dark Chocolate (**Milk**) (16%), Sugar, **Eggs**, Gelatine, Cocoa Powder (4%), Gluten Free Self Raising Flour.

CONTAINS EGG, MILK.

Nutritional Details

Regular Size 95g Per Serve		
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:		1450kJ (348Cal)
Protein:		10.6g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:		22.4g
--Saturated:		13.3g
Carbohydrates:		25.2g
--Sugars:		21.6g
Dietary Fibre:		1.1g
Sodium:		65mg
Potassium:		278mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.