Classic Brunch Bowl - NEW

Breakfast Option - A breakfast bowl with roasted potato bites, scrambled eggs and baked beans with tomato chutney.

Ingredients

Scrambled **Eggs** (32%) (**Egg** (19%), Bchamel Sauce (Water, **Milk** Powder, Butter (**Milk**), Cream (**Milk**), Tapioca Starch, Modified Corn Starch (1420), Salt, Vegetable Gum (415)), Salt, Acidity Regulator (330)), Roast Potato (22%) (Potato (22%) (**Sulphites**) (Preservative (220)), Canola Oil, Paprika, Salt, Pepper), Baked Beans (20%) (Navy Beans (54%), Tomato Sauce (Water, Tomato Paste, Sugar, Thickener (1422), Salt, Spice Seasoning)), Tomato Chutney (15%) (Tomato (50%), Sugar, Vinegar, Onion, Thickener (1422), Tomato Paste, Salt, Spices, Garlic, Acidity Regulator (330), Firming Agent (509)), Capsicum, Dried Chives.
CONTAINS EGG, MILK, SULPHITES. MAY CONTAIN GLUTEN, WHEAT, SOY.

Nutritional Details

	Regular Size 200g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:	810kj (194Cal)	405kJ (97Cal)
Protein:	8.6g	4.3g
Fat, Total:	7g	3.5g
--Saturated:	3.2g	1.6g
Carbohydrates:	21.6g	10.8g
--Sugars:	9.6g	4.8g
Dietary Fibre:	3.4g	1.7g
Sodium:	434mg	217mg
Potassium:	408mg	204mg

Disclaimer:
Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.