



Creamy Chicken & Mushroom Pie

Topped with puff pastry, enjoy tender chicken pieces in a creamy mushroom sauce with potato bake, carrots and peas.

Mushrooms are a rich source of the soluble dietary fiber, necessary for maintaining healthy cholesterol levels.

Ingredients

Chicken Pie (50%) (Chicken, Onions, Celery, Mushroom Soup (Water, Mushrooms (12%), **Wheat** Flour, Canola Oil, Maize Starch, Salt, Cream (**Milk**), **Milk** Solids, **Soy** Protein, Sugars, Flavours (**Milk** Products, **Wheat**), Yeast Extract, Colour (Caramel 111 - **Wheat**), Mushrooms (7%), **Milk**, Hot English Mustard [Water, Mustard Seeds, Salt, Vegetable Shortening, Mustard Flavour, Turmeric, Food Acid (Citric), Emulsifier (Lecithin (**Soy**))), Vegetable Oil, Colour (Beta-Carotene), Spice Extract], Tomato Paste, Salt, Pepper), Potato Bake (Potatoes, Water, Skim **Milk**, Gluten Free Flour, Mozzarella Cheese (**Milk**), Tapioca, Salt, Pepper), Carrots, Peas, Puff Pastry (5%) [**Wheat** Flour, Water, Margarine (Vegetable Oils, Water, Salt, Emulsifiers (471, **Soy** Lecithin) Food Acid (330), Flavour, Antioxidant (307b), Colour (160a), Salt, Preservative 202, 281), Food Acid 330], Parsley.

CONTAINS GLUTEN, WHEAT, MILK, SOY. MAY CONTAIN PEANUT, ALMOND, BRAZIL NUT, CASHEW, HAZELNUT, MACADAMIA, PECAN, PINE NUT, PISTACHIO, WALNUT. WE ADVISE CAUTION WHEN CONSUMING AS MAY CONTAIN BONES/ BONE FRAGMENTS.

Nutritional Details

Nutritional Details	Regular Size 400g Per Serve	
	Average Quantity per Serving	Average Quantity per 100g
Energy:	1932kJ (463Cal)	483kJ (116Cal)
Protein:	33.2g	8.3g
Fat, Total:	20.8g	5.2g
--Saturated:	6g	1.5g
Carbohydrates:	31.2g	7.8g
--Sugars:	10g	2.5g
Dietary Fibre:	6.4g	1.6g
Sodium:	752mg	188mg
Potassium:	872mg	218mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.