Edamame Sweet Potato Curry - Minced &Moist - NEW

Level 5 Minced &Moist moulded edamame and sweet potato in a mild curry sauce, with pumpkin, potato and cauliflower.

Ingredients

Moulded Edamame &Sweet Potato Curry (32%) (Cauliflower (17%), Coconut Milk (Water, Thickener (415)), Sweet Potato (17%) (Preservative (223)), Water, Red Lentils, Onion, Edamame Beans (4%) (**Soy**), Canola Oil, Maple Syrup (Vegetable Gum (466), Colours (150c, 150d), Preservative (202), Acidity Regulator (330)), Stock Powder (Flavour Enhancer (635)), Curry Powder (1%), Garlic, Modified Starch (1422), Ginger (Acidity Regulator (260), Preservative (202), Vegetable Gums (415, 412)), Salt, Turmeric), Curry Sauce (20%) (Water, Tomato Paste (Acidity Regulator (330)), Coconut Cream (Vegetable Gum (415)), Vegetable Stock Blend (Flavour Enhancer (635)), Gravy Mix (**Soy**, Natural Colour (Caramel I)), Tapioca Starch, Modified Starch (1422), Canola Oil, Curry Powder (1%), **Soy** Powder (Acidity Regulator (270)), Vegetable Protein Extract (**Soy**, Maltodextrin (Corn))), Potato Mash (18%) (Potato (66%) (Preservative (220)), Water, Skim **Milk** Powder (**Milk** Solids), Tapioca Starch, Low Sodium Salt (Potassium Chloride), Salt, Pepper), Moulded Cauliflower (15%) (Cauliflower (94%), Water, Modified Starch (1422), Salt, Vegetable Gum (415)), Moulded Pumpkin (15%) (Pumpkin (99%), Modified Starch (1422), Salt).

CONTAINS MILK, SOY. MAY CONTAIN GLUTEN, WHEAT.

Nutritional Details

	Regular Size 340g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:	1006kj (241Cal)	296kJ (71Cal)
Protein:	9.2g	2.7g
Fat, Total:	7.5g	2.2g
--Saturated:	3.4g	1g
Carbohydrates:	30.9g	9.1g
--Sugars:	11.6g	3.4g
Dietary Fibre:	5.8g	1.7g
Sodium:	758mg	223mg
Potassium:	765mg	225mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.