



Hawaiian Chicken

Crumbed chicken topped with homemade tomato sauce, pineapple and mozzarella cheese, with potato wedges, peas and beans. A very tasty meal that will surely satisfy with its delicious flavours.

Ingredients

Chicken Breast Schnitzel (38%) (Chicken Breast Meat, Water, **Soy**, **Wheat** Flour, **Soy** Protein, Breadcrumbs (**Wheat** Flour, Water, **Rye** Flour, Humectant (422), Yeast, Salt, Vinegar, Canola Oil, Sugar, Xanthan Gum (415), Malt **Barley** Flour, Antioxidant (300), Enzymes, Preservative (282), Colours (160a, 102, 110), Thiamine, Folate), Salt, Sugar, Flavour (Thermal Processing Flavour, Yeast Extract, Sugar, Rapeseed Oil, Flavour Enhancers 627, 631)), Rice Bran Oil, Vegetable Powder, Mineral Salt (508), Liquid Flavours, Herbs, Spices), Plain Wedges (Potato Wedges, Paprika, Salt, Pepper), Napoli Sauce (Tomatoes, Onions, Olive Oil, Basil, Garlic, Oregano), Green Beans, Peas, Pineapple (6%), Mozzarella Cheese (**Milk**).

CONTAINS GLUTEN, WHEAT, MILK, SOY. MAY CONTAIN PEANUT, ALMOND, BRAZIL NUT, CASHEW, HAZELNUT, MACADAMIA, PECAN, PINE NUT, PISTACHIO, WALNUT. WE ADVISE CAUTION WHEN CONSUMING AS MAY CONTAIN BONES/ BONE FRAGMENTS.

Nutritional Details

	Regular Size 400g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:	2292kJ (550Cal)	573kJ (137Cal)
Protein:	38g	9.5g
Fat, Total:	22.8g	5.7g
--Saturated:	6.8g	1.7g
Carbohydrates:	44.8g	11.2g
--Sugars:	10.4g	2.6g
Dietary Fibre:	6.8g	1.7g
Sodium:	768mg	192mg
Potassium:	1056mg	264mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.