Hickory BBQ Beef - Minced &Moist - NEW

Level 5 Minced &Moist moulded rich, smoky hickory style BBQ beef with pumpkin, potato and broccoli served with a BBQ sauce.

Ingredients

Moulded Hickory Style BBQ Beef (29%) (Beef Mince (38%), Potato Flakes (Potatoes, Emulsifier (471), Acidity Regulator (330)), Water, Onion, Tomato Pulp (Acidity Regulator (330)), Cannellini Beans, Tomato Paste (Acidity Regulator (330)), Sugar, Modified Starch (1422), Lemon Juice (**Sulphites**) (Preservative (222), Antioxidant (300)), Canola Oil, Worcestershire Sauce (Colour (150d)), Salt, Ginger (Acidity Regulator (260), Preservative (202), Vegetable Gums (415, 412)), Vegetable Protein Extract (**Soy**, Maltodextrin (Corn)), Gravy Mix (**Soy**, Natural Colour (Caramel I)), Coriander, Pepper, Chilli, Cumin, Smoked Paprika, Smoke Flavour (Acidity Regulator (260)), Mustard Flour), BBQ Sauce (24%) (Water, Tomato Paste (Acidity Regulator (330)), Gravy Mix (**Soy**, Natural Colour (Caramel I)), Tapioca Starch, Modified Starch (1422), Worcestershire Sauce (Colour (150d)), Flavoured Stock Blend (**Soy**, Flavour Enhancer (635)), Sugar, Vegetable Protein Extract (**Soy**, Maltodextrin (Corn)), **Soy** Powder (Acidity Regulator (270)), Canola Oil, Smoke Flavour (Acidity Regulator (260)), Mixed Herbs, Pepper), Potato Mash (17%) (Potato (66%) (**Sulphites**) (Preservative (220)), Water, Skim **Milk** Powder (**Milk** Solids), Tapioca Starch, Low Sodium Salt (Potassium Chloride), Salt, Pepper), Moulded Broccoli (15%) (Broccoli (94%), Water, Modified Starch (1422), Vegetable Gum (415), Salt), Moulded Pumpkin (15%) (Pumpkin (98%), Water, Modified Starch (1422), Water, Salt).
CONTAINS MILK, SOY, SULPHITES.

Nutritional Details

	Regular Size 340g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:	1309kj (314Cal)	385kJ (92Cal)
Protein:	16g	4.7g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:	7.8g	2.3g
--Saturated:	3.7g	1.1g
Carbohydrates:	50g	14.7g
--Sugars:	10.9g	3.2g
Dietary Fibre:	7.1g	2.1g
Sodium:	649mg	191mg
Potassium:	1176mg	346mg

Disclaimer:
Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements

are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.