



## Jam & Cream Sponge

A delicate gluten free sponge with traditional jam and fresh cream. A delicious treat that can be enjoyed with a cup of tea or coffee



### Ingredients

Sponge (63%) (Eggs, Caster Sugar, Potato Flour, Gluten Free Self Raising Flour, Xanthium Gum), Fresh Cream (21%) (Milk), Mixed Berry & Strawberry Jam (16%).

**CONTAINS EGG, MILK.**

### Nutritional Details

Regular Size 95g Per Serve		
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:		1260kJ (302Cal)
Protein:		5g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:		12.1g
--Saturated:		7.1g
Carbohydrates:		42.6g
--Sugars:		29.3g
Dietary Fibre:		0.9g
Sodium:		61mg
Potassium:		65mg

#### Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.