



Mango Mousse

Smooth fruit flavour, gluten free, rich in protein and calcium.

Mangos have an impressive vitamin and mineral content. The digestive enzymes in them help promote natural, efficient digestion. The bioactive ingredients in mangoes like esters contribute in enhancing appetite and also improve the function of the digestive system.



Ingredients

Milk, Milk solids, Sugar, Mango Puree (5%), Water, Thickener (1442), Natural Flavour, Food Acid (330, 331), Colour (160a), Vegetable Oil, Maltodextrin, Dextrose, Vegetable Gums (407, 415).

CONTAINS MILK.

Nutritional Details

Regular Size 75g Per Serve		
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:		644kJ (154Cal)
Protein:		7.1g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:		3.3g
--Saturated:		2.6g
Carbohydrates:		23.5g
--Sugars:		20.9g
Dietary Fibre:		0.8g
Sodium:		61mg
Potassium:		212mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.