## *Mini Cauliflower &Cheese - NEW*

A tasty side dish of cauliflower in a creamy sauce baked with a cheese topping. Pack contents: 200g tray (Contains 2x100g individual servings).

## *Ingredients*

Cauliflower Cheese (85%) (Cauliflower (62%), Bchamel Sauce (Water, **Milk** Powder, Butter (**Milk**), Cream (1.5%) (**Milk**), Tapioca Starch, Modified Corn Starch (1420), Salt, Vegetable Gum (415)), Cream (6%) (**Milk**), Water, Cheddar Cheese (1.5%) (**Milk**), Modified Starch (1422), Yeast Extract, Low Sodium Salt (Potassium Chloride), Salt, Dijon Mustard (Acidity Regulator (260)), Nutmeg, Pepper), Mozzarella Cheese (5%) (**Milk**, Salt, Starter Cultures (**Milk**), Enzymes, Anticaking Agent (460), Preservative (200)), Parmesan Cheese (2%) (**Milk**, Anticaking Agent (Tapioca Starch), Preservative (200)), Bread Crumbs (**Wheat** Flour), Smoked Paprika.
**CONTAINS GLUTEN, WHEAT, MILK.**

## *Nutritional Details*

| | Regular Size 200g Per Serve | |
|---|---|---|
| Nutritional Details | Average Quantity per Serving | Average Quantity per 100g |
| Energy: | 926kj (222Cal) | 463kJ (111Cal) |
| Protein: | 8.6g | 4.3g |
| Fat, Total: | 14.4g | 7.2g |
| --Saturated: | 9.4g | 4.7g |
| Carbohydrates: | 12.8g | 6.4g |
| --Sugars: | 4.6g | 2.3g |
| Dietary Fibre: | 1.5g | 0.8g |
| Sodium: | 440mg | 220mg |
| Potassium: | 340mg | 170mg |

**Disclaimer:**
Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.