Orange Poppy Muffin - NEW

A high protein muffin with orange and poppy seed.

Ingredients

Water, **Wheat** Flour, Sugar, Canola Oil, Whole **Egg**, Cake Concentrate (**Wheat** Flour, Mineral Salt/Raising Agent (450, 500), Thickener (1422), Salt, Natural Flavour, Mineral Salt (327), Emulsifier (481)), **Wheat Gluten**, Orange (3%), Concentrated Orange Juice (1%), Poppy Seed (0.95%), Orange Flavour (Colour (110)).
CONTAINS EGG, WHEAT, GLUTEN. MAY CONTAIN MILK, OATS, SOY, SULPHITES, ALMOND, BRAZIL NUT, CASHEW, HAZELNUT, MACADAMIA, PEANUT, PECAN, PINE NUT, PISTACHIO, WALNUT.

Nutritional Details

	Regular Size 100g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:		1393kJ (334Cal)
Protein:		8.2g
Fat, Total:		17.2g
--Saturated:		1.7g
Carbohydrates:		36.5g
--Sugars:		17.7g
Sodium:		466mg

Disclaimer:
Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.