



Profiterole

A large gluten free profiterole with a delicious crme Anglaise filling, topped with a rich chocolate ganache.

Dark chocolate has been touted as beneficial for health due to its inflammation-fighting properties which reduces cardiovascular risk.



Ingredients

Water, Cream, Custard Powder, Eggs, Butter, Chocolate, Rice Flour, Sugar. CONTAINS EGGS, MILK & MILK PRODUCTS.

Nutritional Details

	Regular Size 100g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:		1050kJ (252Cal)
Protein:		2g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:		18.7g
--Saturated:		12.3g
Carbohydrates:		18.8g
--Sugars:		3.4g
Dietary Fibre:		0.3g
Sodium:		21mg
Potassium:		76mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. Dinners carrying the Heart Friendly Tick have undergone laboratory testing and results for Saturated Fat, Trans Fat, Sodium, Energy, Protein and Fibre or Vegetable content are guaranteed to comply with the criteria. Clients and Health Professionals should use all other calculations as a guide only when recommending or choosing suitable dinners.