Pumpkin &Spinach Pasta Bake - NEW

A creamy pumpkin pasta bake with spinach and a golden melted topping.

Ingredients

Pumpkin Sauce (59%) (Butternut Pumpkin (31%), Pumpkin (27%), Water, Spinach (11%), Cream (**Milk**), Onion, Olive Oil, Salt, Butter (**Milk**), Tapioca Starch, Garlic (Acidity Regulator (330)), Vegetable Stock Blend (Flavour Enhancer (635)), Low Sodium Salt (Potassium Chloride), Pepper, Canola Oil, Sage), Pasta (32%) (Water, Elbow Pasta (12%) (Durum **Wheat** Semolina)), Mozzarella Cheese (4%) (**Milk**, Anticaking Agent (460), Preservative (200)), Bread Crumbs (**Wheat** Flour), Parmesan Cheese (1.5%) (**Milk**, Anticaking Agent (Tapioca Starch), Preservative (200)).
CONTAINS GLUTEN, WHEAT, MILK. MAY CONTAIN EGG, SOY.

Nutritional Details

	Regular Size 185g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:	784kj (188Cal)	424kJ (102Cal)
Protein:	6.8g	3.7g
Fat, Total:	5.9g	3.2g
--Saturated:	3g	1.6g
Carbohydrates:	25g	13.5g
--Sugars:	4.6g	2.5g
Dietary Fibre:	2.6g	1.4g
Sodium:	396mg	214mg
Potassium:	318mg	172mg

Disclaimer:
Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.