## *Roast Chicken - Minced &Moist - NEW*

Level 5 Minced and Moist moulded roast chicken, sweet potato, peas and carrot with a gravy sauce.

## *Ingredients*

Moulded Chicken (29%) (Chicken Breast (92%), Butter (**Milk**), Modified Starch (1422), **Milk** Powder, Cream (**Milk**), Tapioca Starch, Modified Corn Starch (1420), Salt, Vegetable Gum (415)), Gravy Sauce (24%) (Water, Gravy Granules (Flavour, Vegetable Gum (415), Food Colouring (Apple, Hibiscus Extract), Acidity Regulator (330)), Modified Starch (1422)), Sweet Potato Mash (17%) (Sweet Potato (91%) (**Sulphites**) (Preservative (223)), Potato Flakes (8%) (Emulsifier (471), Acidity Regulator (330)), Salt, Vegetable Gum (415)), Moulded Carrot (15%) (Carrot (87%), Water, Modified Starch (1422), Salt, Vegetable Gum (415)), Moulded Pea (15%) (Peas (66%), Water, Bchamel Sauce (Water, **Milk** Powder, Butter (**Milk**), Cream (**Milk**), Tapioca Starch, Modified Corn Starch (1420), Salt, Vegetable Gum (415)), Modified Starch (1422), Vegetable Stock Blend (Flavour Enhancer (635)), Salt, Thickener (406), Vegetable Gum (412)).
**CONTAINS MILK, SULPHITES.**

## *Nutritional Details*

| | Regular Size 340g Per Serve | |
|---|---|---|
| Nutritional Details | Average Quantity per Serving | Average Quantity per 100g |
| Energy: | 1435kj (344Cal) | 422kJ (101Cal) |
| Protein: | 21.8g | 6.4g |
| --Gluten: | Nil Detected | Nil Detected |
| Fat, Total: | 13.9g | 4.1g |
| --Saturated: | 8.5g | 2.5g |
| Carbohydrates: | 29.2g | 8.6g |
| --Sugars: | 8.5g | 2.5g |
| Dietary Fibre: | 5.8g | 1.7g |
| Sodium: | 612mg | 180mg |
| Potassium: | 704mg | 207mg |

**Disclaimer:**
Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.