# *Roast Pork - Minced &Moist - NEW*

Level 5 Minced &Moist moulded roast pork, potato, peas and pumpkin served with a gravy sauce.

## *Ingredients*

Moulded Pork (29%) (Pork (93%), Vegetable Shortening (Emulsifiers (435, 471), Antioxidant (307b (**Soy**))), Modified Starch (1422)), Gravy Sauce (23%) (Water, Gravy Granules (Flavour, Vegetable Gum (415), Food Colouring (Apple, Hibiscus Extract), Acidity Regulator (330)), Modified Starch (1422)), Potato Mash (18%) (Potato (66%) (**Sulphites**) (Preservative (220)), Water, Skim **Milk** Powder (**Milk** Solids), Tapioca Starch, Low Sodium Salt (Potassium Chloride), Salt, Pepper), Moulded Pea (15%) (Peas (66%), Water, Bchamel Sauce (Water, **Milk** Powder, Butter (**Milk**), Cream (**Milk**), Tapioca Starch, Modified Corn Starch (1420), Salt, Vegetable Gum (415)), Modified Starch (1422), Vegetable Stock Blend (Flavour Enhancer (635)), Salt, Thickener (406), Vegetable Gum (412)), Moulded Pumpkin (15%) (Pumpkin (98%), Modified Starch (1422), Water, Salt).
**CONTAINS MILK, SOY, SULPHITES.**

## *Nutritional Details*

| | Regular Size 340g Per Serve | |
|---|---|---|
| Nutritional Details | Average Quantity per Serving | Average Quantity per 100g |
| Energy: | 1248kj (299Cal) | 367kJ (88Cal) |
| Protein: | 27.5g | 8.1g |
| --Gluten: | Nil Detected | Nil Detected |
| Fat, Total: | 10.5g | 3.1g |
| --Saturated: | 5.4g | 1.6g |
| Carbohydrates: | 20.7g | 6.1g |
| --Sugars: | 5.8g | 1.7g |
| Dietary Fibre: | 3.4g | 1g |
| Sodium: | 677mg | 199mg |
| Potassium: | 813mg | 239mg |

**Disclaimer:**
Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.