Roasted Carrots with Curry Sauce - NEW

Oven roasted carrot sticks served with a tasty curry sauce dip.

Ingredients

Carrot (71%), Curry Sauce (25%) (Coconut Milk (Water, Thickener (415)), Carrot (14%), Onion, Potato (Preservative (220)), Tomato Pulp (Acidity Regulator (330)), Canola Oil, Garlic, Modified Starch (1422), Curry Powder, Maple Syrup (Vegetable Gum (466), Colours (150c, 150d), Preservative (202), Acidity Regulator (330)), Flavour Blend (Salt, Maize Maltodextrin, Yeast Extract, Natural Vegetable Flavours, Turmeric, Dehydrated Vegetables (Onion), Vegetable Oil, Cane Sugar), Low Sodium Salt (Potassium Chloride), Salt), Low Sodium Salt (Potassium Chloride), Canola Oil, Pepper, Salt, Dried Parsley.
MAY CONTAIN GLUTEN, WHEAT.

Nutritional Details

	Regular Size 200g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:	606kj (145Cal)	303kJ (73Cal)
Protein:	2g	1g
Fat, Total:	9.2g	4.6g
--Saturated:	2.8g	1.4g
Carbohydrates:	10.2g	5.1g
--Sugars:	8.4g	4.2g
Dietary Fibre:	6.6g	3.3g
Sodium:	270mg	135mg
Potassium:	488mg	244mg

Disclaimer:
Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.