



Salmon Fish Cakes - NEW

Smoked salmon patties are served with a zingy lemon-caper sauce and paired with a side of beans and peas.



Ingredients

Salmon Patty (60%) (Potato (Preservative (220)), **Fish** (23%) (Mineral Salts (450, 451)), Smoked Salmon (5%) (**Fish**, Salt, Sugar), Bread Crumbs (**Wheat Flour**), Spring Onion, Dill, Lemon Juice (0.1%) (Preservative (222), Antioxidant (300)), Onion Powder, Salt, Pepper), Lemon & Caper Sauce (15%) (Bchamel Sauce (Water, **Milk** Powder, Butter (**Milk**), Cream (**Milk**), Tapioca Starch, Modified Corn Starch (1420), Salt, Vegetable Gum (Xanthan Gum)), Cream (**Milk**), Capers (1%) (Vinegar), Lemon Juice (1%) (Preservative (222), Antioxidant (300)), Water, Dijon Mustard (Acidity Regulator (260)), Modified Starch (1422), Yeast Extract, Dill, Parsley, Salt, Pepper), Green Beans (13%), Peas (13%).

CONTAINS GLUTEN, WHEAT, FISH, MILK. MAY CONTAIN SESAME.

Nutritional Details

Nutritional Details	Regular Size 400g Per Serve	
	Average Quantity per Serving	Average Quantity per 100g
Energy:	1676kj (402Cal)	419kJ (100Cal)
Protein:	27.3g	6.8g
Fat, Total:	14.7g	3.7g
--Saturated:	8.1g	2g
Carbohydrates:	37.7g	9.4g
--Sugars:	7g	1.8g
Dietary Fibre:	8.4g	2.1g
Sodium:	796mg	199mg
Potassium:	1036mg	259mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.