



Satay Chicken Noodles - NEW

A tasty meal with tender chicken, red capsicum, green beans and noodles in a rich, creamy peanut satay sauce.



Ingredients

Satay Chicken (58.5%) (Chicken Breast (30%), Capsicum, Coconut Milk (Water, Thickener (415)), Onion, Peanut Butter (6%) (Contains Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut) (Roasted Peanuts (85%), Vegetable Oil (Antioxidant (320)), Sugar, Salt), Brown Sugar, Lime Juice, Fish Sauce (Anchovy (Fish), Salt, Sugar), Red Curry Paste (Shrimp Paste (Crustacea)), Sweet Soy Sauce (Wheat), Low Sodium Salt (Potassium Chloride)), Noodle (25%) (Wheat Flour, Salt, Acidity Regulator (501), Antioxidant (300), Preservative (202), Colour (102, 110), Folic Acid, Water), Green Beans (15%), Fried Shallots (1.5%) (Shallots, Palm Oil, Corn Flour).

CONTAINS GLUTEN, WHEAT, CRUSTACEA, FISH, PEANUT, SOY, ALMOND, BRAZIL NUT, CASHEW, HAZELNUT, MACADAMIA, PECAN, PINE NUT, PISTACHIO, WALNUT.

Nutritional Details

Nutritional Details	Regular Size 360g Per Serve	
	Average Quantity per Serving	Average Quantity per 100g
Energy:	2354kj (565Cal)	654kJ (157Cal)
Protein:	42.1g	11.7g
Fat, Total:	22.6g	6.3g
--Saturated:	7.9g	2.2g
Carbohydrates:	45.6g	12.7g
--Sugars:	9g	2.5g
Dietary Fibre:	4.9g	1.4g
Sodium:	709mg	197mg
Potassium:	598mg	166mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.