



Satay Chicken with Noodles

Chicken pieces served with Hokkien noodles, carrots, green beans, corn and capsicum in a delicious satay sauce.

Packed full of flavour this is a tasty and warming meal.

Ingredients

Satay Chicken (63%) [Chicken (26%), Mixed Vegetables (Carrots, Corn, Beans, Capsicum) Coconut Milk, Water, **Peanut** Butter (5%) (**Peanuts** (85%), Vegetable Oil (320), Sugar, Salt), Red Curry Paste (2%) (Lemongrass, Red Chilli (13%), Galangal, Palm Sugar, Garlic, **Soya** bean Oil, Salt, Shallot, Spices (Cumin, Coriander Seeds), Sugar, Coriander Root, Kaffir Lime Leaf, Yeast Extract), Canola Oil, Onion, Ginger Paste (Ginger (76%), Vinegar, Canola Oil, Salt, Acidity Regulator (270)), Garlic Paste (Garlic, Salt), Salt, Pepper], Hokkien Noodles (37%) [**Wheat** Flour, Water, **Wheat**, **Gluten**, Salt, Colours (Carotene, Annatto, Turmeric,) Canola Oil].

CONTAINS GLUTEN, WHEAT, PEANUT, SOY. MAY CONTAIN ALMOND, BRAZIL NUT, CASHEW, HAZELNUT, MACADAMIA, PECAN, PINE NUT, PISTACHIO, WALNUT. WE ADVISE CAUTION WHEN CONSUMING AS MAY CONTAIN BONES/ BONE FRAGMENTS.

Nutritional Details

	Regular Size 400g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:	2668kJ (640Cal)	667kJ (160Cal)
Protein:	41.6g	10.4g
Fat, Total:	24.8g	6.2g
--Saturated:	6.8g	1.7g
Carbohydrates:	58g	14.5g
--Sugars:	6g	1.5g
Dietary Fibre:	6.8g	1.7g
Sodium:	780mg	195mg
Potassium:	456mg	114mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. To ensure dietary requirements are met, all nutritional claims are supported and reviewed independently. Meals are portion controlled to assist with healthy weight management.